POUND THE ROAD. NOT YOUR FEET.



GEL-NIMBUS

£140

- The most comfortable running shoe for neutral runners
- Your foot bounds off the ground thanks to the bouncy FluidRide midsole
- Your full power goes into each push-off thanks to the flexible sole
- Comfortable to wear thanks to a snug upper made with stretchy mesh

STRUCTURED CUSHIONING



£145 **GEL-KAYANO**

- Improved statbility for each stride with a stronger trusstic and dynamic duomax technology
- Protect your feet from impact with GEL cushioning
- Enjoy a **light, bouncy** feel as you run thanks to the lightweight structure
- Stay comfortable with a snug fit that prevents slipping and rubbing



- The full-length SpEVA 45 lasting and FluidRide midsole give you the ultimate plush ride with great bounce-back
- With rearfoot and forefoot GEL, your foot is **cushioned from landing** through to push off
- Excellent forefoot flexibility with new flex grooves on the outsole
- With Full Length Guidance Line, your foot is guided through the gait cycle so you can run more efficiently even when fatigued



- Get that much-needed stability in the heel and midfoot
- Feel comfortable with more room for your forefoot to move
- Land gently with GEL cushioning under your heel



GEL-CUMULUS

£110

- Get powerful push offs with a bouncy FluidRide 2.0 midsole and straighter platform under your big toe
- Make your running as efficient as possible with a flex groove down the outsole that guides your foot
- Soften every landing with GEL cushioning in the back and front
- Go faster with the new CUMULUS that's 5g lighter than the past edition



GEL-LUMINUS

GT-2000

£115

- The **flexible, comfortable** sole lets your forefoot move freely as you run
- Soft landings come as standard thanks to the rearfoot GEL cushioning



- The new GEL-INDICATE has a Fluid Ride midsole made of 2 cushioned layers - giving you much more **comfort and improved support**
- The Guidance Line technology guides your foot from impact through to push-off. That gives you a more efficient and comfortable running style
- And these trainers cut down irritation with less stitching in the upper



GEL-PULSE

£85

- Enjoy superb comfort from the bouncy midsole to the GEL cushioning
- Improve your efficiency with a new forefoot and rearfoot set-up and a flex groove down the outsole that guides your foot
- Get a **smooth, easy stride** thanks to the bouncier Super SpEVA midsole



GEL-INDICATE

GT-1000

£100

- Make every landing a little softer thanks to the rear and forefoot GEL cushioning
- Let your foot be guided from the moment it touches the ground to the moment it pushes off
- Get the support you need to comfortably take on long distances
- The latest in a long line of shoes that began with the Gel 1002

NEUTRAL **CUSHIONING**

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